



**Friday 1st
February 2019**

High Down Schools

Believing | Achieving | Learning for life

NEWSLETTER 10

Dear Parents,

As we near the last few weeks of term, the children continue to demonstrate a superb work ethic and positive attitude to their learning. We have a number of events taking place in the coming weeks and Term 4 is already looking action packed with some rich, exciting opportunities right across our curriculum.

Please see the key dates below.

School value term 3: Optimism and Hopefulness

Our School Values this term are Optimism and Hopefulness. This will be a focus both in assemblies and in class. We will describe to the children that our values Optimism and Hopefulness are important because they are all about believing that we can make things better in our own lives and for others. Believing that we can make ourselves, our relationships, our learning, and in the wider sense, our world, a better place through our personal efforts and commitment.

As we all know, we can achieve our best by working hard, putting in lots of effort and believing in ourselves. These are really important messages for our children. The Optimism and Hopefulness Value corresponds to our P-BEST learning superpowers: Perseverance and Believing in myself: and our Learnasaurs Tryatops and Icanasaur.

Yours sincerely,

Mr Rhodri Hopkins
Executive Deputy Headteacher
High Down Schools

A polite reminder



Please remind your children that they are not allowed to cycle or use their scooters on the school grounds. Thank you

Safer Internet Day 2019



Safer Internet Day 2019 | Tuesday 5 February
Together for a better internet
www.saferinternetday.org



Year 2 E-Safety Service – Wednesday 6th February 2019

E-Safety refers to child protection and safeguarding of both children and adults in the digital world. It is about learning to understand and use technologies in a safe, positive way, also about supporting children and adults to develop safe online behaviours (both in and out of school).

Across both the Infant and Junior Schools we place a very high priority on E-Safety. To raise awareness of Safer Internet Day the Year Two children will be putting on a short informative service and inviting all of the parents to come and watch. The service will be on **Wednesday 6th February at 9.10am**. We hope you can come!

Tuesday February 5th 2019 is **Safer Internet Day**, a day that is very important to our school and pupils. The UK Safer Internet Centre is a partnership of three leading charities – Childnet International, Internet Watch Foundation (IWF) and the South West Grid for Learning (SWGfL) - with a shared mission to make the internet a better place for children and young people. Globally, Safer Internet Day is celebrated in over a hundred countries, coordinated by the joint Insafe/INHOPE network, with the support of the European Commission, and national Safer Internet Centres across Europe.

In the UK, Safer Internet Day is organised by the **UK Safer Internet Centre** (www.saferinternetday.org.uk), and this year's theme is "Together for a better internet." This year in the UK, Safer Internet Day will focus on how consent works in an online context and will ask young people to explore how they ask, give, and receive consent online. This could be in their friendships or relationships, how they take and share images and videos or how they manage their privacy and data.

Our school is participating alongside hundreds of other schools across the UK and students will be learning about how to use the internet safely and positively. We will be taking part in a number of activities throughout the week and the children will be holding discussions which we're sure will lead to lots of positive learning around the topic of staying safe online and being e-safe!

Children's Mental Health Week 2019



Next week is Children's Mental Health Week where the main message this year is around being *Healthy: Inside and out*. Here is some more information about the week:

*For Children's Mental Health Week 2019 (4-10 February), we're taking steps to be **Healthy: Inside and Out**. When we think about healthy living, we tend to focus on looking after our bodies – our physical wellbeing – through food, being active and getting enough sleep. However, in order to be healthy overall, it's important that we look after our minds – our mental wellbeing – too. Our bodies and minds are actually very closely linked, so things that we do to improve our physical wellbeing can help our mental wellbeing as well. When we take steps to be **Healthy: Inside and Out**, it helps us to feel better in ourselves, focus on what we want to do and deal with difficult times.*

Further details to support this week can be found with the parent leaflet attached.

Gymnastics

On Monday 21st January year 5 and year 6 competed in a gym competition that was held in Gemini gym. Level 1's came second with a silver medal and level 2's came first with a gold medal which means that they will compete in another competition in the summer. There were also individual medals for Violet (5S - bronze) in level one and Ruby (5S - gold) in level two.

By Isla 6G



Hobgoblin Theatre Group



Reception and Year One children were very fortunate to have a visit from this group as part of their work on Traditional Tales. The children enjoyed a great retelling of 'Little Red Riding Hood' which was truly interactive. The children used their drama skills to become trees and plants in the forest – there were some very scary venus fly traps! Teachers have already noticed the impact of this enrichment activity on children's writing and story telling. Many, many thanks to the PSA for funding this exciting experience.

Hockey Festival – 23rd January 2019

A Y6 boy, 4 Y5 boys and 5 Y5 girls played in a hockey festival at Gordano school on 23/01/2019.

We had lots of fun; we scored 1 goal, won 1 game, and lost 3 games. We learnt lots of new skills, at the end of the session, 2 players from every team played a 4 aside game.

By Joshua 6G

Junior Golden Book Assembly:

Friday 25th January 2019

Years 3 and 4 – Olwyn and Sean 3L, Pepper and Henry 3W, Leo and Max 3T, Isaac and Dylan 3AB, Archie and Callum 4D, Szaffi and Caitlin 4M, Jacob and Emily 4F.

Years 5 and 6 – Lily-Rae and Tom 5C, Grace and Ed 5W, Samuel and Niamh 5S, Louis and Scarlett 6HW, Jamie and Shannon 6G.

Infant Celebration Service:

25th January 2019

Aoife & Maci (Parrots), Felicity & Benjamin (Robins), Sophia & Rio (Swans), Chloe & Gracie (Pelicans)

A message from the Friends of High Down Junior School

Hello High Down!

Dates for your diary from the Friends:-

Book Drop 4-8 March

In line with World Book Day. Start stockpiling books that you and your children have enjoyed but no longer need & bring them to school to be enjoyed by others. Further details on ParentMail nearer the time. This is a 'whole' school event.

Quiz 'n' Chips '19

This annual fundraising evening is on **Friday 15 March**. Start planning your next evening out - tickets remain at £12pp for 2019! Open to all: both schools, parents, staff & friends! There's nothing 'dry' about the night!, pop the date in your diary. Entry forms will be out soon. Teams of four (no children). First come first served!

Could you be the next holder of the much coveted 'High Down Schools Quiz Winner' trophy and earn yourselves school wide respect and adoration?!

Keeping in touch

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Please sign up and 'like' the new 'Friends' Facebook page: *Friends of High Down Junior School*.

All upcoming events and fundraising support will be on here. Need to get in touch with us? ... Message the page and we'll reply as soon as possible.

Raffle Prizes

If you or your company can & would like to offer raffle prizes (let's be fair there's a raffle at most events we do!) we would be very pleased to hear from you! A pamper session, a day out, a bottle of squash, a football or anything that makes buying a ticket more appealing - we'd be very grateful. Remember! All profits are invested in school, for example last year the Friends funded the Science Dome, Arts Week & the new Nature Garden.

Next Meeting:

6 February - The Ship @ 7:30pm

See you there!

FHDJS

Key Diary Dates

Term 3

Week commencing Monday 4th February Children's Mental Health Week

Tuesday 5th February Safer Internet Day

Wednesday 6th February Y2 Safer Internet Service to parents 9.10am (details already sent to parents)

Friday 15th February Last day of term

Term 4

Tuesday 26th February Infants Parents Evening

Thursday 28th February Infants Parents Evening

Friday 1st March Y1 Circus Skills Workshop

Junior Eisteddfod Concert

Week commencing Monday 4th March World Book Week (details to be confirmed shortly)

Thursday 7th March World Book Day

Week commencing Monday 11th March Junior Family Learning Conferences

Tuesday 12th March Y1 Trip to St Fagan's Museum

Wednesday 20th March Y3 Dancefest

Friday 22nd March Y1 Igloo Challenge

Week commencing Monday 25th March Junior Science Week

Tuesday 26th March MAWS performance at The Winter Gardens

Wednesday 27th March Y6 Lifeskills Trip

Thursday 28th March Y4 Caerleon Trip

Wednesday 3rd April Junior Discos

Friday 5th April Last day of term