

# Autumn 2018

W/c 5th Nov, 26th Nov, 17th Dec, 7th Jan, 28th Jan, 18th Feb

## WEEK 1

Monday	Tuesday	Wednesday	Thursday	Friday
<b>V Vegetarian Brunch</b> Handmade v vegetable pattie, frittata, beans & tomato <b>Brunch (Meat)</b> Handmade pork pattie, frittata, beans & tomato <b>Pineapple Upside Down Cake</b>	<b>V Cauliflower &amp; Broccoli Cheese</b> with herby bread <b>Beef Lasagne</b>	<b>V Quorn Roast</b> with gravy & potatoes <b>Roast Chicken</b> with stuffing, gravy & potatoes <b>Cheese &amp; Crackers</b> with fruit	<b>Pasta Bar</b> with selection of homemade sauces <b>Tomato &amp; Basil Beef Bolognese</b> Carbonara with Ham <b>Winter Sponge</b>	<b>V Mini Cheese Pinwheel</b> with chips & tomato sauce <b>Golden Fish Fingers (Cod &amp; Salmon)</b> with chips <b>Apple Flapjack</b>

W/c 12th Nov, 3rd Dec, 24th Dec, 14th Jan, 4th Feb, 25th Feb

## WEEK 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>V Sweet Potato &amp; Chickpea Curry</b> with wholemeal rice <b>Pork Sausage</b> with mash & gravy <b>Carrot Muffin</b>	<b>V Cheese, Potato &amp; Leek Bake</b> with baked beans <b>BBQ Chicken Burrito</b>	<b>V Shepherdess Hotpot</b> with gravy <b>Roast Pork</b> with gravy & potatoes <b>Fruit Crumble</b> with custard	<b>V Macaroni Cheese</b> with herby bread <b>Chicken Curry</b> with wholemeal rice <b>Chocolate Crunch</b>	<b>V Quorn Meatball Sub</b> with homemade tomato sauce <b>Battered Fish</b> with chips <b>Sultana and Oat Cookie</b> with fruit slices

W/c 19th Nov, 10th Dec, 31st Dec, 21st Jan, 11th Feb

## WEEK 3

Monday	Tuesday	Wednesday	Thursday	Friday
<b>V Homemade Pizza</b> vegetarian toppings <b>Homemade Pizza</b> meat toppings <b>Shortbread Biscuit</b> with fruit slices	<b>V Vegetable Lasagne</b> <b>Chicken &amp; Vegetable Pie</b> with mash	<b>V Quorn Toad In the Hole</b> with gravy & potatoes <b>Roast Turkey</b> with stuffing, gravy and potatoes <b>Apple &amp; Banana Cake</b> with custard	<b>V Crispy Topped Vegetarian Pie</b> <b>Homemade Beefburger</b> with oven baked wedges <b>Winterberry Cheesecake</b>	<b>V Cheese &amp; Bean Wrap</b> with chips <b>Golden Fish Fingers (Cod &amp; Salmon)</b> with chips <b>Jamaican Ginger Cake</b>

Option 1

Served Daily  
A baked jacket potato with a choice of toppings

We offer seasonal vegetables, bread, yoghurt and fruit daily. (allergy information available)

Asspens

BUBBLE

