

Care and Kindness Term 1 2018

Choose three tasks in total, each from a different category - to be completed during 'Care and Kindness' Term 1.

Care and Kindness with Friends	Care and Kindness at Home	Care and Kindness in the Community
<ul style="list-style-type: none">• Make a new friend – spend time playing with someone you don't normally play with and get to know them.• Say thank you to a friend – send a friend a postcard or make them a card to say thank you for being a good friend.• Share a favourite toy or game with a friend.• Make an unexpected gift for a friend.	<ul style="list-style-type: none">• Ask your parents if you can help out at meal times – you could help with food preparation, laying the table, clearing the table afterwards or washing up.• Help look after the house plants or family pets for the week.• Help out with the housework – you could do some dusting, hovering or help tidy your room.• Help out with the family shopping.• Help out with the gardening.	<ul style="list-style-type: none">• If you attend a club after school or at weekends, arrange to help your group leader with an activity e.g. ask your brownie or cub leader to help organise an activity; help your sports coach with getting out and putting away equipment.• Make an unexpected gift for someone.• Say thank you to your group leader – send them a postcard or make them a card to say thank you for organising your clubs and activities.