

沖繩剛柔流

# Karate Kids



Self-defence - discipline - Confidence - Respect - Strength - fitness

HIGH DOWN JUNIOR SCHOOL ON: WED 10<sup>th</sup> Jan - 7<sup>th</sup> Feb 2018 3.30-4.30pm

Let your child have fun while incorporating movement, balance, self-awareness, discipline, martial arts and skills in a friendly and safe environment.

Payments are monthly payment throughout the year of £16. If your child wishes to start karate please let me know and I will send you the Registration Forms and the Standing Order Form.

## STARTING WED 10<sup>th</sup> Jan 2018

## Let your child be part of this

# SIGN UP NOW

**FREE ADULT SESSIONS** GRAB A FRIEND OR TWO IF YOU'VE NOT TRAINED WITH US BEFORE.

CONTACT ME ASAP - Dan Lewis: 07958-363522 or email [dkklewis@gmail.com](mailto:dkklewis@gmail.com)  
[www.gojugaratebristol.co.uk](http://www.gojugaratebristol.co.uk)

To join, simply fill in the consent form and return to the school office with payment. Please make cheque payable to 'D. Lewis.' Places are limited, please

KARATE KIDS consent form

book early! (WED HDJ Term 3)

CHILDS NAME.....TEL.....MOB.....

ADDRESS.....

POSTCODE..... Email:.....

ANY MEDICALS PROBLEMS (Please write on back if need to).....

SEN.....

As parent/guardian of the above child I have read, fully understood and am satisfied with the details supplied about the above activity and agree to my son/daughter taking part. I know of no medical reason why he/she should not participate. I will fill out a yearly insurance form for personal accident cover for my son/daughter when given out. I will also ensure suitable arrangements are made to pick up my child.

SIGNED (PARENT/GUARDIAN).....DATE.....

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