

**Junior School**

**Infant School**

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**High Down Schools**

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Down Road  
Portishead  
North Somerset  
BS20 6DY

**Executive Headteacher**

Mrs A Cowan

18<sup>th</sup> May 2021

Dear Parents and Carers,

In Term 6, we will be delivering our Relationships and Sex Education programme for the children in Year 3. A great deal of time and thought has gone in to the delivery of the programme to ensure that it is done in a sensitive and age-appropriate way. It is our intention to support you in preparing your children for life, giving them the confidence and resilience to manage the changes and challenges they face as they become young adults.

Below are the details for the Year 3 Sex Education curriculum for Term 6. It will not go into any more detail than this, however, the pace with which the material is covered will be determined by the needs of each class. You are invited to listen to what will be covered on Tuesday 8<sup>th</sup> June at 2pm, via a Teams meeting. Please inform the school office if you would like an invitation.

Our Year 3 lessons focus on:

- understanding that in animals and humans, lots of changes happen between conception and growing up, and that usually, it is the female who has the baby;
- understanding that boys' and girls' bodies need to change so that when they grow up, their bodies can make babies (this includes puberty and using the correct names for body parts);
- identifying how boys' and girls' bodies change on the outside during this growing up process;
- identifying how boys' and girls' bodies change on the inside during the growing up process and why these changes are necessary so that their bodies can make babies when they grow up;
- identifying what the children are looking forward to when they move to their next class.

The Sex Education programme will be taught as part of our PSHE (Personal, Social, Health and Economic) curriculum and full details of the exact material covered for our year group can be found on the school website.

Although there have been some updates to the material content, we have run the RSE teaching through the Jigsaw programme for several years. Feedback from the children and staff has been positive: children have enjoyed the RSE overall and have taken an enormous amount of learning from it.

Should you have any questions or concerns regarding the above, please do not hesitate to contact the school.

Parents and Carers do have the right to withdraw their child from the Sex Education lessons. If you would like to request this, then please contact the school office to speak with Mrs Cowan.

Kind regards,

Nicola Wright

Maria Adamson

Nina Bjergfelt

Rachael Taylor

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