

The Infant school follows REAL PE. This provides the Learning Cogs of:

Personal, Social, Cognitive, Applying Physical, Health and Fitness

We provide a high-quality physical PE curriculum that inspires all pupils to succeed and excel in competitive sport and other physically demanding activities. It provides opportunities for pupils to become physically confident which supports their health and fitness. We provide opportunities to compete in sport and other activities to build character and help to embed values such as fairness and respect. It is our aim that all pupils leave us physically literate and with the knowledge, skills and motivation necessary to lead a healthy, active life and ensure a life-long participation in physical activity and sport

**Subject Expertise**  
Understanding of:  
Fundamental Skills  
Traditional and non-traditional games  
Swimming skills  
A range of sports  
Dance and gymnastics

**Progress from REAL PE into the Junior School :**

The Real PE curriculum has been created to develop fundamental skills which are the building blocks for the Junior PE scheme. In the Junior School the children use their fundamental skills within a wider range of sporting, gymnastic and dance activities led by a mix of sports coaches and teaching staff.

**Systems**

Medium term plans  
Topic Covers  
Support and challenge  
Retrieval of prior learning  
Assessment and tracking